



KATIE JEMIMA

LIFESTYLE & PERFORMANCE

**2018/2019
Price List**

Home, Office and Outdoor Personal Training

Hereford and Devon (East Dartmoor, Totnes, Newton Abbot, Exeter and Honiton)

£30 for 1 hour

£170 for 6 x 1 hour

£200 for 6 x 1 hour as a pair

Private training sessions are payable by BACS or Cash at the time of the session. 6 x 1hr package sessions require a 50% deposit at the time of booking. The remaining 50% is due at the first session. Less than 24hr notice for cancellation will result in the full fee being paid or a session deducted from a package.

Online Running Coaching

£65 per month

Online Triathlon Coaching

£95 per month

Combined Coaching and 1-1

£105 Online Running Coaching with 2 x 1hour 1-1 sessions per month

Online Coaching payments are due on the 1st of each month via BACS. There is a 3 month minimum term with a 1 month notice period.

Programming and Coaching

Please contact me for further details regarding one off programming for a specific event or club coaching.

www.katiejsynge.com

